



HSA Times

HSA Newspaper Guest Writers: Valerie Alonzo, Malia Cachiero, Justin Cordero, Cassidy Lee, Levyann Pham, Heather Varnes, and Jennastyn Velasquez.
Newspaper Advisor: Neil Murphy.

Pictured Right (HSA Officer Team): Angelica Framel (Publicist), Jeanette Choi (Secretary), Ashley Bahena (Ambassador), Angela Gao (Treasurer), Hailey Shin (Ambassador), Justin Cordero (Vice President), and Albert Chen (President).



IN THIS ISSUE

Pages 1-2

New HSA Officer Team; HSA Changes its Newspaper Name along with its Logo; HSA Banquet

Pages 3-4

FBI and Norco Field Trips; Alumni Spotlight

Page 5

Alumni Spotlight and Norco College Field Trip Continued

Page 6

CA Press Foundation Grant; Word Game (Starbuck's prize)

New School Year, New Name by HSA Staff

HSA changed the name of its newspaper because its previous name, *HSA Husky Howler: Student Edition*, created confusion at CHHS and throughout the community. The school's newspaper name is *Husky Howler*. Hence, in the spirit of acquiescence, HSA set out to rebrand itself.

With that in mind, HSA sent out a survey to its 9th, 10th, 11th and 12th grade students during the week of May 16- May 20th. HSA students selected their favorite title from 26 possibilities. After the voting concluded, three names garnered the most votes: *HSA Times*, *HSA Happenings* and *The HSA Chronicle*.

The top vote getters were then kicked over to The HSA officer team. The officers voted on the top three vote getters and eureka; our new newspaper name is the *HSA Times*.

HSA also redesigned its newspaper logo. HSA decided to replace its medical serpent with the head of a Husky. Hailey Danskin's drawing received first place; hence, her logo will now appear at the top of each edition. Shiphrah Zhang's drawing came in second place (featured to the left). Shiphrah's drawing will be used in HSA stationary.



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HSA Banquet Article & Photos by Cassidy Lee and Jennastyn Velasquez

On Tuesday, May 17th, 2016, our HSA students gathered in the multi-purpose room from 6:00 to 8:00 PM to honor their accomplishments from the 2015-2016 school year.

Approximately 130 students and 70 parents attended this celebration. Mr. Sabbara, the master of ceremonies, presented awards to the students being honored.

To start off the night, dinner was served. The HSA staff hired taco caterers to serve the attendees. In addition to tacos, soft drinks and desserts were also available to guests.

The graduating class of 2016

was acknowledged for their amazing successes. The Top Dogs of 2016 included Patricia Natividad, Blake Gabel, Kaylee Mackenzie, Saloni Patel, Jaclyn Mattingly, Vanessa Tsang, Heather Dungca, and Tessa Ferrari. These students maintained a 4.0 GPA for all four years. Additionally, the top students of this class were awarded for their efforts. These students include Megan Kleeberg, Monica Brizuela, Kelly Kotoff, and Taylor Deknikker.

Some HSA Juniors were recognized for being the top students of their class. Angela Gao, Sabrina Lam, Justin

Cordero, Albert Chen, and Angelica Framel were acknowledged for their superb academic achievements.

For the HSA Sophomore class, Jeanette Choi, Phoebe Moore, Jerry McDonald, Nicole Boyd, Preston Banta, and Rachele Sunagawa were praised for their remarkable academics as top students.

Freshman students, Isabella Panagiotou, Nicholas Ibanez, Marquaux Mijares, and Tyler Cordero were awarded for their achievements as top students.

Ms. Kleeburg, an enormous contributor to HSA, was also

HSA Banquet continued by Lee and Velasquez

recognized for her support and dedication. Mr. Sabarra gave a speech to honor her help. In his speech, he praised, "Her help is huge in terms of running this Academy. Her work will be missed from the help she's provided these past five years." Ms. Kleeburg has helped create the idea of an HSA banquet, organized four

banquets, organized the pizza social at the beginning of the 2015-2016 school year, ordered HSA clothing and much more.

To summarize how faculty and students felt about this HSA school year, we interviewed some officers and HSA teachers. Here are some questions the interviewees answered:



What was your favorite HSA moment this school year?

-It would have to be the Loma

See HSA Banquet, Page 6

FBI's Most Wanted Student Field Trip by Malia Cachiero



On June 4th, 2016, Mr. Murphy's 11th grade English classes had the opportunity to explore the ins and outs of Los Angeles Field Office of the Federal Bureau of Investigation. Students and parents attended the field trip. The students had a private tour of the FBI's MILO Range simulator, SWAT gun vault, tactical weapon garage, and the command center.

Agents, Dave Freihon and Alicia Duff, conducted the tour of the FBI building in West Los Angeles. Both are experienced agents, especially Mr. Freihon who has served for over 30 years. Mr. Freihon has had many different assignments in the FBI including international posts. Both agents shared their knowledge about what it takes to be considered for a job with the agency. Their biggest tips were to have a clean record, obtain a minimum education of a four-year degree in any field, and to have the physical physique.

During the field trip, the first exciting occurrence was the MILO Range simulator, which is located in the basement of the facility. This simulator is an interactive use of force video,

which provides tactical judgment and firearms training. The video simulator is similar to a video game. Although the weapons are "inert," MILO uses realistic firearms powered by compressed air that gives the user a realistic perspective. The simulator is used by law enforcement to train their personnel in real life scenarios. It gives the user an opportunity to engage in tactical problems and firearms use. The firearms used were a long rifle and a Glock 45. Dave controlled the simulator from a computer and picked specific scenarios. The two partners engaged and made split second decisions, in which they had to react to "shoot or don't shoot" situations. MILO gave a real sense of what a gun would sound and feel like and displayed the shots on the scene. After the volunteers reacted to the situation, Dave replayed their shots and critiqued the incidents.

Another suspenseful excursion students viewed was the Command Center. Personnel from major local, state and federal agencies monitor incidents both domestic and foreign. It is staffed seven days a week in order to be ready for direful emergencies.



Later, students toured the SWAT gun vault, which was located in the garage right across from the federal building. Students were fascinated by the variety of weapons, and the size of guns held in this vault. Dave explained the background information about the weapons. Students were allowed to hold and take photos with the guns as well. During the tour, students also saw



Students and parents are viewing Mr. Freihon's own personal stash of weapons housed in his SUV.

an undercover FBI agent vehicle as well as the police gear they carry.

Overall, students were able to see what fascinating jobs FBI agents hold and to visualize their headquarters in Los Angeles.

Norco College Field Trip

On May 20, 2016, approximately 24 HSA students attended the field trip at Norco College in an effort to learn more about different careers. After arriving at Norco College at 8:00 AM, the students were able to eat a delicious breakfast, talk about future jobs and discuss current jobs with professionals. At 12:30 P.M., the experience at Norco College came to an end, and students conveyed their thoughts through a quick interview. The field trip to Norco College allowed students to personally learn from professionals of different jobs.

Dr. Kevin Fleming, Dean of Instruction, Career and Technical Education, provided us with a warm welcome. Shortly after the introduction, Nathalie Gosset, the Keynote Speaker, greeted us. Gosset spoke to us about jobs that

would exist in the future, such as 3D Printing Engineers, 3D Food-Printer Engineers, and Social Education Specialists. Not only did Gosset tell us about future jobs, but she also gave us advice if we want to make a difference in the world. She told us to create an image that is positive, professional, and focused on our "s curves." An "s curve," she explained, shows the stages of development until one's goal is reached. The most important advice she gave us is "if you can't find yourself on the internet, [then] you're invisible." In summary, you need to make yourself known to the world.

At 10:00 A.M., students were given the chance to go to one career session and learn as much as they could from a professional of that career. The students were given a list of careers to choose from, including careers in nursing, physical, occupational and

speech therapy, mental and behavioral health, billing and coding, and EMT and paramedic. Out of this large list, I chose to go to learn about billing and coding. After entering the classroom, I was greeted by Ellen Halibozak ("Elle"). Ellie started in healthcare in 1978 and started training others in her field in 1997. She also developed many medical curriculum and was, at a time, a medical assistant. "In order to specialize in billing and coding," says Halibozak, "the most important subject you have to know about is anatomy." She also explained that a medical biller is a very different job than a medical coder. Medical billers compile and maintain all the records associated with medical billing, and they must constantly interact with people. To be a medical biller, you must be organized, detailed and social.

(See Norco College, Page 5)

Alumni Spotlight: Choosing Your Path—by Valerie Alonzo (See Alumni Spotlight, Page 5)

Former Health Science Academy (HSA) student of Chino Hill High School, **Broghan Garrison**, recently graduated from the California State University of San Marcos with a Bachelor of Arts in Human Development with a concentration in Child Services. Broghan's initial plan was to obtain a degree in the health science field,

but thanks to the opportunity that HSA provided her, it allowed her to discover that it wouldn't be a good fit for her. While enrolled in the HSA program, she was allowed to participate in the Chino Valley Medical Center internship program, which helped her to realize that she wasn't passionate about the health science field after all.

Broghan is currently a preschool teacher but is still unsure what her long-term goals are but would like to pursue a Masters degree. While interviewing Broghan, I asked her, "Do you have any advice for being successful in college?" Her sagacious response was to "Go to class, even if it is a difficult subject for you and you don't enjoy it." I

Continued from Page 4

Alumni Spotlight: Choosing Your Path Continued from Page Four

volleyed another question, “How did being in the HSA program help you in college?” Broghan’s poignant feedback, “It helped me to figure out what I really wanted to do. I thought medicine was for me, but thanks to HSA, I was able to see that it wasn’t. [Overall], HSA gave me a lot of experience working with classmates and teachers.”

Even though the health science field wasn’t for Broghan, HSA still helped her develop great communication skills, which she relies on interacting with preschoolers.

Norco College Field Trip Continued from Page Four

Medical coders, on the other hand, experience little to no social interaction. Coder specialists codify patients’ medical information for reimbursement purposes and assign a code to each diagnosis. They must be extremely disciplined and mistakes are not allowed. Medical billers and medical coders have very interesting jobs that also make very good money.

When the first session ended, it was time for students

to go to their second and final career lecture. I chose to learn more about careers in nursing. Nursing is very fascinating because there are so many different types of nurses that I didn’t even know about. Susan Jetton, an Associate Professor at California Baptist University, told me all about nursing. There are emergency room nurses, operating room nurses, pediatric nurses, military nurses, labor and delivery nurses, and so much more! Registered nurses also work in many different environments, such as in hospitals, in schools, in military settings (naval ships, battlefields, etc.), cruise ships, and more.

Although being a nurse seems fun, knowledge and skills are very much needed in order to become a nurse. Nurses must know about anatomy, physiology, microbiology, and pharmacology. Although nursing is a very difficult job, everything is worth the effort in the end.

Overall, the field trip to Norco College was an educational and insightful experience. It provided HSA students with a lot of information about different careers in the health field as well as the future of careers.

by **Levyann Pham** and
Heather Varnes



Pictured above is Mr. Morales. He and his group of HSA students are continuing their tour of Norco College. Photo-courtesy of Levyann Pham.



Above Photo -courtesy of Google Images

Did you know?

- Norco College serves over 10,000 students.
- Norco College first opened its doors in 1991.
- Norco College specializes in Career and Technical Education (CTE).
- Norco College offers an Associate of Science Degree in Kinesiology, Health & Wellness.

H.S.A. Wins Big \$\$\$

The Chino Hills High School Health Science Academy was granted \$1500 last school year from the California Press Foundation. Out of numerous high schools and colleges, H.S.A. ended up winning one out of eleven newspaper grants in California. With the money that the Academy won, it purchased a Canon EOS Rebel Camera, an HP Laser Colored Printer, a tripod, a plethora of cartridges of toner, and a multitude 8 X 11 copy paper. The Academy plans to use its equipment to produce high-definition photos for the newspaper. Moreover, it plans to incorporate video links into the newspaper.

By H.S.A. Officer Justin Cordero

Photos by Albert Chen and Angela Gao



HSA Banquet Continued from Page 2:

Linda Cadaver Lab...they have an emergency room stimulation center, which was really cool." -- Mr. Sabbara, the HSA Dept. Chair.

-“The sophomore health conference trip...it was very eye opening.”--Jeanette Choi, 10th Grade Ambassador.

What did you like most about the banquet?

-“It is set up with [involvement] of all my fellow officers.” Sabrina Lam, Member-at-Large Officer

-“It was like throwing a bigger birthday party.”--Ms. Kleeburg, Banquet Coordinator and HSA Parent Boosters President.

Overall, this year’s banquet was a huge success. Many parents and students attended in order to celebrate each others’ accomplishments.

HSA Brain Teasers

Please submit your answers in person to Mr. Murphy in **room 232 before or after school**. The first student who submits his/her answers will win a Starbuck’s gift card. This month’s theme is Academy-Centered (*inner workings of the Academy and the traits that make a good Academy student*).

Example (fill in the missing vowels):

_ n t _ g r _ t y (Answer: *Integrity*)

- 1) _ n t _ r n s h _ p s
- 2) v _ l _ n t _ _ r _ h _ _ r s
- 3) C _ s _ _ d _ _ C _ l _ n _
- 4) c l _ b _ m _ _ t _ n g s
- 5) l _ t t _ r _ f _ r _ c _ m m _ n d _ t _ _ n
- 6) c _ _ p _ r _ t _ v _
- 7) K _ _ s _ r _ P _ r m _ n _ n t _
- 8) b _ n _ v _ l _ n t
- 9) _ c _ d _ m _ c _ l l y _ c _ r _ _ _ s
- 10) p _ r s _ v _ r _ n g

Answers will be provided in the next edition along with the name of the winner.